

CAREER FAIR PROFESSIONAL DEVELOPMENT WORKSHOP led by Dr. Michelle Tullier

Finding Contentment in Your Career – an Unpredictable Approach

Do you ever feel like something is missing in your work? Maybe you're outright unhappy in your career, or maybe you're reasonably satisfied, but sometimes you feel like you want more, or want it to be different. If you're unemployed, or underemployed, and looking for a new job, you might be hoping that your next role or next employer will be "it." You hope to land that proverbial but elusive "I-can't-wait-to-get-out-of-bed-for-it-job." If you're gainfully employed, you might feel stuck in a role or in a business that just isn't fully doing "it" for you.

A great deal has been written and said about finding your career passion or doing what you love. In fact, a major self-help industry has been built on these notions for decades now. But what if following your passion isn't the best thing to do? What if that quest might even be doing you more harm than good? Dr. Michelle Tullier, executive director of Georgia Tech's Center for Career Discovery and Development, will explore misconceptions and pitfalls around the concept of passion in work and offer thought-provoking and practical alternatives to finding contentment and fulfillment in your career.

<<<>>>

Dr. Michelle Tullier joined Georgia Tech in 2014 as Executive Director of the Center for Career Discovery and Development. The center, informally known as C2D2, was formed as a merger of the former Office of Career Services and former Division of Professional Practice. C2D2 serves as the central hub for career development activities on campus, assisting students with all their career planning and job search needs, including co-ops and internships, and all employer relations.

Dr. Tullier brings nearly 25 years in the career services field in roles that span counseling, research, faculty, and consulting firm leadership. She began her professional life as a career counselor with Barnard College of Columbia University and also served as a career counselor and adjunct faculty member at New York University. Michelle served as Monster.com's first online career coach and was the recipient of a sabbatical grant from the U.S. Department of State and the king of Jordan to consult on the establishment of career centers at 20 universities in the Kingdom of Jordan.

For 13 years prior to joining Georgia Tech, Michelle served in career coaching and regional leadership roles for the global consulting firm Right Management, specializing in career transition services for outplaced professionals and executives from corporations and major non-profits. There she was honored with her firm's President's Club award for the blending of technology and personalized career services for job seekers from all industries and functional roles.

Michelle holds a BA in psychology from Wellesley College and earned her MA and PhD in education with a specialization in counseling psychology from UCLA, along with a PhD minor in business from UCLA's Graduate School of Management. She is the author of nine business books from major publishers, including *The Complete Idiot's Guide to Overcoming Procrastination* and the *Unofficial Guide to Landing a Job*.